

GET INVOLVED

TRURO YOUTH ACTIVITY GUIDE 2009



Building safer communities together

DEVON & CORNWALL
CONSTABULARY

**There are lots of things to do in the Truro area.
If you're interested in any of these clubs or activities, get in touch.**

CHACEWATER BOWLING CLUB - JUNIORS

What Bowling club for children aged 7+ years
When Every Sunday
Where Chacewater Bowling Club, Falmouth Road, Chacewater, Truro
Contact 01872 560951

CITY OF TRURO BAND

What Band teaches music and how to play brass instruments, for age 7+ years
When/where Ring for details
Contact 01872 27083 / www.cityoftruroband.freeserve.co.uk

CITY OF TRURO SEA CADET UNIT

What Uniformed youth organisation based on the tradition of the Royal Navy. Get involved in fun activities such as canoeing, target shooting, rowing, power boating and many more. For ages 10-18 years, £1 per session
When Tuesday 7pm to 9.30pm and Friday 7pm to 9.30pm
Where Riverside House, 7 Heron Way, Truro
Contact 01872 270653 / trurosc@btinternet.com

CORNWALL BMX RACING CLUB

What A very active club that is very family orientated. The club promotes and supports all aspects of BMX racing under the rules and regulations laid down by British Cycling
When Friday evenings in the summer, Sundays in the winter, Tuesday evenings from 6pm
Where Mount Hawke SK8 park
Contact Chris and Gill - 01872 560951 / 07789 274757

CORNWALL DANCE AND DRAMA

What	Dance and drama classes for children and teenagers. Fun, funky, hip-hop and street jazz
When	Term-time. Ring for more details
Where	Drama classes held at Redannick Theatre (sessions £5 an hour)
Contact	01872 540473

CORNWALL FEDERATION OF YOUNG FARMERS CLUBS

What	Young Farmers is a forward thinking, modern organisation with old-fashioned values and traditions. It is open to anyone between the ages of 10 and 26. Young Farmers can offer a wide range of skills and experience from running meetings to playing sports. Closed during school holidays.
When	Term-time
Where	Various clubs. Ring for details.
Contact	01872 273366

CORNWALL YOUTH MUSIC ACTION ZONE

What	Provide young people in Cornwall of all ages and abilities, particularly those who are disengaged or disadvantaged, with access to Jason Thomas Dance Studios.
When	Various times
Where	Various locations
Contact	Jason - 01872 262358 / 07766 447937

FIRE CADETS

What	Cadets take part in many activities including fire drills appropriate to their age and experience. They learn the skills required to perform their role effectively, competently and safely. Ages 12-18 years.
When	Term-time
Where	Ring for details
Contact	01872 322050

MOUNT HAWKE LEARNING CENTRE

What	Educational activities for young people including music, photography and Photoshop, filming and film editing, confidence building and survival skills. Available for young people aged 14 to 19 (subject to eligibility). Variety of fun days for 8 to 14 -year-olds during the holidays. A purpose built indoor skate park is attached to the learning centre.
When	Times vary, ring for details
Where	Skate Park, Gover Water Works, Mount Hawke, Truro
Contact	Trish Hoskin - 01209 890795 / 01209 890705

SATURDAY CLUB

What	A range of sporting activities, swimming, dance and music
When	10am to 12.30pm every Saturday in term-time
Where	Truro School
Contact	Sue Pascoe - 01872 222447 (Young People Cornwall)

THE WORKS

What	Support, advice and information for individuals and companies involved in dance and theatre in Cornwall, including youth dance and youth theatre activities
When/where	Ring or email for details
Contact	01872 261770 / info@dtcworks.co.uk

TRURO YOUNG PEOPLE'S CENTRE

What	Across the road from Zebs, young people can get information and advice on housing, benefits, sexual health, jobs, careers, pregnancy testing, training and much more. Guidance from Connexions, Zebs and Share workers.
When	Monday to Saturday
Where	The Leats, Truro
Contact	01872 274151 / 01872 274151

ZEB'S DROP-IN AND MUSIC

What	Drop-in centre for young people. In the music space and recording studio, young people are able to develop skills and creativity with the support of experienced musicians/youth workers and other young people.
When	Tuesday - Beginners music and drop-in, 4pm-7pm, 8-12 years; youth café at 5pm Wednesday - IAG available at Zebs, 11am-4.30pm, 3.30pm- 4.30pm, 8-25 years; youth café Thursday - Young women's drop-in and music, 4pm-6pm, 12 years + Young men's drop-in and music, 6pm-8pm, 12 years + Friday - Drop-in session, 5pm-6pm, 10-13 years Band development / drop-in session, 6pm-9pm, 13 years + Saturday - Gig night, media and café, 5pm-8pm, 12-19 years old Opening times for the centre - Monday, Tuesday and Thursday 9.30am - 4.30pm Wednesday and Friday 9.30am - 7pm
Where	Zebs Café, The Leats, Truro
Contact	01872 274865

ZEB'S YOUNG PEOPLE'S PROJECT

What	Zebs offers a safe place to meet friends, take part in issue-based workshops, creative projects, feel good café, music volunteering opportunities and one to one support. Ages 11 to 25
When	Monday to Friday from 6pm-9pm, drop-in from 4pm-6pm
Where	Zebs Café, The Leats, Truro
Contact	01872 225941 / 01872 225942

ANY IDEAS?

If you have any ideas about activities you would like to be set up in this area, contact PC Nigel Hyde, Youth Intervention Officer, on 01872 326218 or nigel.hyde@devonandcornwall.pnn.police.uk