

# GET INVOLVED

ST AUSTELL YOUTH ACTIVITY GUIDE 2009



Building safer communities together

DEVON & CORNWALL  
CONSTABULARY

**There are lots of things to do in the St Austell area.  
If you're interested in any of these clubs or activities, get in touch.**

## **AIR TRAINING CORPS**

What Flying, gliding, sport adventure training and overseas trip  
When Wednesdays and Fridays  
Where South Street  
Contact Chris Crowl - 07875 460813 / 01637 857419 /  
whq-plymouthtyp@atc.raf.mod.uk



## **ARMY CADET FORCE**

What Fun and adventurous activities for 12-18 year olds  
When Mondays, 7pm  
Where South Street, Hall  
Contact 01208 73183 / enquiries@cornwallacf.co.uk

## **ATHLETICS IN CORNWALL**

What Running, jumping and throwing, coaching and sports advice  
When Ring for details  
Where Par Running Track, Par  
Contact 01872 323344 / 07973 813550 /  
www.cornwallsportspartnership.co.uk



## **BADMINTON IN CORNWALL**

What Badminton club, learn new skills and meet new people  
When Seniors: Tuesdays and Thursdays 7pm-10pm  
Juniors: Tuesdays 6pm-7pm, Thursdays 6pm-8.30pm  
Where Penrice Community School  
Contact 01872 323344 / www.cornwallsportspartnership.co.uk

## BARGUSE RIDING CENTRE

What	Riding school provides lessons and other riding associated activities for all levels of rider. Activities throughout the summer holidays
When	Saturday club from 9.30am to 1.00pm plus lessons throughout the week (days and evenings).
Where	Barguse
Contact	Lisa Todd - 01208 831817 / <a href="mailto:info@barguseridingcentre.co.uk">info@barguseridingcentre.co.uk</a> / <a href="http://www.barguseridingcentre.co.uk">www.barguseridingcentre.co.uk</a>

## BASKETBALL IN CORNWALL

What	Basketball training and matches
When/where	Thursday nights – training Under 14s – 6pm to 7.30pm, Truro College Under 16s - 7.30pm to 9.30pm, Truro College Under 18s - 7.30pm to 9.30pm, Truro Leisure Centre  Saturdays – matches for under 18s Start at 1.30pm, home games at Polkyth Recreation Centre, St Austell
Contact	Andy Cummins - 07968 892946 / 01872 323344 / <a href="mailto:acummins@cornwall.gov.uk">acummins@cornwall.gov.uk</a> / <a href="http://www.cornwallsportspartnership.co.uk">www.cornwallsportspartnership.co.uk</a>



## BOSKELL RIDING CLUB

What	Riding school provides lessons and other riding associated activities for all levels of rider
When	Monday to Saturday from 8.30am to 5.30pm.
Where	Boskell Riding Club, Trethowel
Contact	Mary Easterbrooke / 01726 73049



## BRANNEL AKIDO CLUB

What	Instruction in the Japanese martial art (for all abilities)
When	Wednesdays, Juniors 6.15pm-7.10pm
Where	Brannel Community School, sports centre
Contact	01726 810813 / <a href="mailto:pierre46@btinternet.com">pierre46@btinternet.com</a>

## BRANNEL NETBALL CLUB

What	Enjoyable and friendly netball club and matches
When	Starts 7 September 2009, Juniors 5.45pm-6.45pm
Where	Brannel Sports Hall
Contact	01726 823653 / Ange027@aol.com

## BRANNEL SCHOOL SPORTS CENTRE

What	A range of clubs including netball, football, cricket, Aikido, circuits for young people, badminton, table tennis, trampolining, aerobics, street dance (at sports centre or Brannel School)
When	Ring for details
Where	St Stephen, St Austell
Contact	01726 822485 / lpedlar@brannel.cornwall.sch.uk



## BRANNEL TRAMPOLINING – BRANNEL SPORTS CENTRE

What	Trampolining skills and coaching for age six years and over, £2
When	Wednesdays 4pm-5pm and Fridays 7.15pm-8.15pm
Where	St Stephen, St Austell
Contact	01726 822485 / lpedlar@brannel.cornwall.sch.uk

## BUGLE GREENSPACE

What	Green spaces aren't just for wildlife and twitchers - you can have fun in them too. We need your help to improve and protect your environment. We are organising different activities all the time
When/where	Ring or email for details
Contact	0845 680 6896 / buglegreenspace@live.co.uk / <a href="http://www.buglegreenspace.org">www.buglegreenspace.org</a>



## CHARLESTOWN ROWING CLUB

What	Get fit, meet new people and lose yourself on the waves.
When	Wednesday nights from 7pm
Where	Venue changes, ring for details
Contact	Mrs Zimber - 01726 73207 / <a href="http://www.charlestown.org.uk">www.charlestown.org.uk</a>

## CORNWALL FOOTBALL ASSOCIATION

What/when/where Ring for details  
Contact 01726 74080 / [www.cornwallfa.com](http://www.cornwallfa.com)

## CORNWALL RFU

What Rugby club  
When Ring for details  
Where Tregorrick Leisure Centre, St Austell  
Contact Graham Walker - 01209 821526 / [cb-honsec-cornwall@therfu.com](mailto:cb-honsec-cornwall@therfu.com)



## CRICKET IN CORNWALL

What Cornwall Cricket Board will be running an Ashes Summer Camp, costing £12 per day or £50 for the week  
When Monday 24 August to Friday 28 August 2009  
Where St Austell Cricket Club  
Contact Lewis Sanders - 07527 470537 / 01872 323344 / [www.cornwall-cricket.org.uk](http://www.cornwall-cricket.org.uk)



## D J DANCE ACADEMY

What Dance class for any ages and abilities. Have fun and learn new routines. (All £3.50)  
When/where Mondays - 5.45pm-7.45pm at Victory Hall, Roche  
Wednesdays - 6pm-8pm at Bugle Methodist Church  
Fridays - 6pm-8pm at Roche Methodist Church  
Contact Dave Johnston 07986 620163 / [djdanceacademy@live.co.uk](mailto:djdanceacademy@live.co.uk)



## DIVA DANCE AND FITNESS

What Dance and fitness classes for young people incorporating street dance and pop. Classes also available for adults. Mums and kids workout and dance workshops during the summer holidays.  
When/where Mondays, 4.30pm at Ladock Village Hall (mixed ages)  
Tuesdays, Charlestown Hall, 4.30pm - age 3 to 7, 5.15pm - age 8+  
Thursdays, Probus School, 5.15pm - age 3 to 6, 5.15pm - age 7+  
Contact Angie Smith - 07825 234855 / [angiedancetobfit@yahoo.co.uk](mailto:angiedancetobfit@yahoo.co.uk)

## EDEN PROJECT ACTIVITIES

What	Summer survival challenge
When	Summer holidays from 27 July to 6 September 2009
Where	Eden Project
Contact	01726 811911 / <a href="http://www.edenproject.com">www.edenproject.com</a>



## FIRE CADETS

What	The cadets take part in many activities including fire drills appropriate to their age and experience. They learn the skills required to perform their role effectively, competently and safely. Cadets can work towards the BTEC qualification in basic fire fighting skills
Where/when	Locations and time vary
Contact	01726 72582 / <a href="http://www.cornwall.gov.uk/firecadets">www.cornwall.gov.uk/firecadets</a>

## FOURWAYS YOUTH CENTRE

What	4ways Summer Activities Program offers a wide range of exciting trips and activities for young people aged 13 to 19 living in St Blazey/Par area. Activities include circus skills, sailing, horse riding, beach trip, climbing, woodland trip, zip wire, high ropes, archery, mountain biking, coasteering, snorkelling, canoeing and a skate park safari. Funding has been gained through Extended Services. Each trip costs £3
When	From 27 July to 13 August 2009 on Mondays, Tuesdays and Thursdays
Where	Fourways Youth Centre, Station Road, Par. Trips to various locations
Contact	Ed Hart - 01726 817132 / 07891 840664 / or pick up an information pack from one of the youth workers



## FOWEY LEISURE CENTRE

What	Outdoor heated pool, squash courts, sports hall
When	Open Monday to Friday from 8am to 10pm, Saturday and Sunday from 9am to 5pm
Where	Fowey Leisure Centre
Contact	01726 833931 / <a href="mailto:enquiries@fowey-leisure-centre.co.uk">enquiries@fowey-leisure-centre.co.uk</a>



## FUNKY FEET DANCE SCHOOL

What	Dance classes taught in a fun and friendly atmosphere by qualified teachers, teaching hip hop, street dance, disco and commercial dance. Different classes depending on age.
When	Wednesday evenings
Where	Carclaze Junior School
Contact	Fiona Barclay - 07967 129 369 / 01872 573682 / contact@funkyfeetdanceschool.co.uk / www.funkyfetdanceschool.co.uk



## GIRL GUIDING, RAINBOWS AND BROWNIES

What Girls and young women get involved in a huge range of exciting activities from outdoor challenges including climbing, abseiling and canoeing to learning new skills such as first aid, becoming a circus performer, toy making and much more. And then there's the opportunities guiding provides for international travel, getting involved in community action projects, camping and trying out new sports.

When/Where	Ring or email for details
Contact	Mary - 07929 582547 / enquiries@girlguidingcornwall.org.uk / www.girlguidingcornwall.co.uk



**Brownies\***



## GIRLS' BRIGADE (1ST ST STEPHEN)

What Fun activities such as games, crafts, learning experiences and challenges to help girls aged 5 to 18 years develop skills for life and discover the Christian faith.

When	Wednesdays (term time) 4.30pm onwards
Where	St Stephen Methodist Church Hall, Fore Street
Contact	01726 68094 / www.girlsbrigadeew.org.uk



## GODORYUI MEVAGISSEY KARATE CLUB

What/when/where	Email for details
Contact	godoryu@yahoo.co.uk

## KANDU DANCE

- What** Two-day dance project open to all young people aged between 12 and 19 years. The dance is choreographed by a professional dance group with Danny Price. The dance styles involved are street, hip hop, break dance and urban styles. £5 per day. This project is run in partnership between Fourways Youth Centre and Extended Services.
- When** 12 and 13 August 2009 from 10.00am to 3.00pm with a performance for parents to watch on the second day.
- Where** Fowey Community College, free coach will be running from St.Austell to Fowey.
- Contact** Extended Services - 01726 874030



## KARATE KIDS

- What** Karate for young people
- When** Saturdays, 11:30am until 1pm
- Where** St Austell Rugby Club
- Contact** Steve Drange – 01726 812209 / [www.ashiita-kai.co.uk](http://www.ashiita-kai.co.uk)

## MEVAGISSEY ACTIVITY CENTRE

- What** Badminton, tennis, short tennis, 5-a-side football, table tennis, bowling, volleyball and basketball
- When** Opening times: Monday to Thursday 9am – 9pm, Friday 9pm – 5pm, Saturday 10am – 1pm
- Where** Valley Road, Mevagissey
- Contact** 01726 844733 / [enquiries@mevagisseyactivitycentre.eclipse.co.uk](mailto:enquiries@mevagisseyactivitycentre.eclipse.co.uk)



## PERFORMING ARTS LIBRARY

- What/when/where** Ring or email for details
- Contact** 01726 61702 / [performingarts.library@cornwall.gov.uk](mailto:performingarts.library@cornwall.gov.uk)

## POLKYTH LEISURE CENTRE

What	Squash courts, dance studio, sauna, café
When	Monday to Friday 9am - 5pm, Saturday and Sunday 9am - 4pm
Where	St Austell
Contact	01726 223344 / <a href="http://www.polkythleisure.co.uk">www.polkythleisure.co.uk</a>

## PORTHPEAN OUTDOOR EDUCATION CENTRE

What	Water-based activities - canoeing, kayaking, sailing and coast steering. Land-based activities - high ropes, climbing, archery, mountain biking. Booking is essential.
When	Summer period, Monday to Friday from 9.30am-4.30pm
Where	Porthpean Road, St Austell
Contact	Mark Peters – 01726 72901 / <a href="mailto:Mbpeters@cornwall.gov.uk">Mbpeters@cornwall.gov.uk</a>

## RESTORMEL ARCHERS

What	Archery club, affiliated to the Devon and Cornwall archery society and Archery UK
When	Tuesdays and Thursdays, 7pm – 8.30pm
Where	Ring for details
Contact	Bob Boothman - 01726 852493



## RIDE WITH US

What	Skate boarding project, free to all young people aged between 7 and 19 years. Instructors provided by the Skate Shack provide tuition for all levels of skate boarders from no experience to more advanced. This project is in partnership with Fourways Youth Centre, Neighbourhoods for Change, Ocean Housing, Family Services and the Skate Shack
When	Every Wednesday during the summer holidays from 10am-2pm with a lunch break at 12.30pm
Where	Fourways Youth Centre in St. Blazey
Contact	Portia Coulthard - 01726 817132 / <a href="mailto:pcoulthard@cornwall.gov.uk">pcoulthard@cornwall.gov.uk</a>

## RIVER FOWEY GIG CLUB

What	Gig rowing and traditional rowing training
When	Mondays and Wednesdays for novices/juniors from 6pm, Tuesdays and Thursdays - crew training
Where	Caffa Mill, Fowey
Contact	Derrick Keith – 01726 833295 / keiths_@btinternet.com

## SAINTS HEALTH & FITNESS CENTRE

What	Badminton, fitness suite, 5-a-side football, basketball, squash, table tennis, tennis
When	Monday - Friday 8.30am-10pm, Saturday and Sunday 9am-4pm Booking essential for badminton, football and squash
Where	Saints Health & Fitness Centre, Tregorrick
Contact	Darren Thompson - 01726 76300 / saints gym@hotmail.co.uk

## SCOUTS AND CUBS

What	Have fun, learn new skills and meet new people.
When/where	Robartes Road, Wednesday, 7pm – 9pm Charlestown, Tuesday, 7pm –9pm Trenance, Wednesday, 7pm – 9pm
Contact	Steve Allen – 07934 629679 / scoutsteve@aol.com / 0845 3001818 / <a href="http://www.scouts.org.uk">www.scouts.org.uk</a> , <a href="http://www.cornwallscouts.co.uk">www.cornwallscouts.co.uk</a> .



## SEA CADETS

What	If you are aged between 12 and 18 (or 10 - 12 for juniors) joining the St Austell Sea Cadets is an excellent way of making friends, learning new skills and having serious fun. Activities include sailing, canoeing, seamanship, drill, expedition training, first aid, smallbore shooting, naval general knowledge, parades and ship visits.
When	Monday and Friday evenings from 6:30pm until 9:15pm
Where	St. Austell Sea Cadet Unit, 2 Boscarne Crescent, Porthpean Road
Contact	Sub. Lieutenant (SCC) Sally Truscott - 01726 69960 / <a href="mailto:info@staustellsc.eclipse.co.uk">info@staustellsc.eclipse.co.uk</a>

## SHARE

What	Confidential information and advice centre for young people aged 13 to 25. WYZUP sexual health clinic, doctor led
When	Share – Monday to Friday 10am to 4.30pm WYZUP – Monday 4.30pm to 6pm
Where	Biddicks Court
Contact	Jane Wood 01726 69144 or free phone 0800 181033 / jcwood@cornwall.gov.uk

## ST AUSTELL BAY ARCHERS

What	Archery for all ages
When	Monday, Wednesday and Thursdays, 6.30pm
Where	St Austell area – ring for details
Contact	Steve Allen - 01726 68918 / allenjenc@aol.com / www.bayarchery.freeservers.com



## ST AUSTELL CANOE CLUB

What/when/where	Email for details
Contact	robarker@hotmail.co.uk

## ST AUSTELL HOCKEY CLUB

What	Hockey club for young people
When	Wednesdays from 6pm-7pm
Where	Poltair, St Austell
Contact	01872 324391 / cornwallyouthhockey@yahoo.com



## ST JOHN AMBULANCE BADGERS AND CADETS

What	Develop first aid skills and confidence. Badgers - 5-10 year olds, Cadets - 10-18 year olds
When	Cadets - Mondays, 6pm until 7:45pm Badgers - Wednesdays 5.30pm- 7.30pm, except in summer holidays
Where	Par Moor Training Centre, Par
Contact	Fiona Cannon – 01726 815967, 01726 77253 / fiona.cannon@cornwall.sja.org.uk

## THE HOUSE

What	Youth centre for young people aged 13 – 19 years. Activities include sport, table tennis, pool, café, music making, DJing, rehearsal space for bands, Wii and Xbox plus much more. Share drop in service available on Wednesdays 5.30pm to 8.30pm
When	Wednesday and Thursday evenings from 6.30pm to 9.30pm and Saturdays from 10am to 3pm
Where	Polkyth
Contact	Tony Batters – 01726 70136 / Tony.Batters@groundwork.org.uk

## ANY IDEAS?

If you have any ideas of activities you would like to be set up in this area, contact **PC Tim Barbery** in the Neighbourhood Safety Team, on **01726 222485** or **timothy.barbery@devonandcornwall.pnn.police.uk**



Thank you to everyone who has assisted with the production of this leaflet.